

CARDINAL NEWS

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YOUR LOCAL SCHOOL NEWS

11/15/21

THIS WEEK IN LIVINGSTON



Clubs

By: Lydia Smith

Edited By: Anna Winn

HOSA (Health Occupational Students of America), is a club that specializes in health science and students who have interest in the nursing profession. HOSA gives students more opportunities for learning about the medical field. It is sponsored by Ms. Gamble, who teaches many other health classes. If your pathway is medical or if you are interested in working in the medical field, this club is perfect for you. You will learn new leadership skills, which are very important for this career path.

Student Voice

By: Dacey Reasons

Edited By: Aven Winn

As many of you may know, Veteran's Day was last Thursday. With that in mind, this issue's survey theme is revolving around Veteran's Day and "Thankful Thursdays". Do not forget to thank the Veterans you know and be appreciative towards them for their service. Also, don't forget to fill out some Thankful Thursdays for students and staff. As always, if you have any topics about school or school events for the Student Voice Article, feel free to write them down and give them to Ms. Gallagher in room 204 or fill out the form. <https://forms.gle/uJhMagZYajDDe32R8>

Business Spotlight

By: Hannah Gainey

Edited By: Brystin Dunning



CORNDOG	*2
NACHOS	\$3
BREADSTICKS	\$3
PRETZEL	\$3
CHEESE PIZZA	\$3
CHIPS	\$1
CRACKERS	\$1
PEANUTS	50¢
CANDY	\$1
RING POP	50¢

Our school concession stand is open Wednesdays through Fridays during 7th period. Along with the usual candy and drinks, they also sell hot foods, such as popcorn, breadsticks, nachos, pizza and more! Each hallway is called separately in the afternoons, and with teachers' permission, you can come to treat yourself to a snack or drink. We do ask that students please be courteous and respectful to those who are working.

Sports

By: Jansen Freeman
Edited By: Brystin Dunning

On November 6th the LCHS cheerleaders went to Regionals and got runner-up in the competition's small division. Our Livingston Central Cheerleaders are going to State on December 11th, 2021. Congratulations ladies! "Meet the Cardinals" was on November 13th.

October 23 the Cross-Country team went to regionals. Alex Parks and Machi Davidson both beat their personal records and continued onto state October 30th.

Teacher Appreciation

By: Rylee Culver
Edited By: Aven Winn

The Tireless Teacher Award recipient for October was Mr. Coleman! He has been recognized by the student body as someone who works hard for his students and is greatly appreciated by many. He always keeps his students engaged and makes sure they all have a good time. Mr. Coleman's tireless efforts toward our education are being recognized by the Tireless Teacher Tire that will be in his room until we nominate a new Tireless Teacher. Congratulations Mr. Coleman!



Joke of the Week

By: Victoria Crawford
Edited By: Anna Winn

Q: What did the left eye say to the right eye?
A: Something between us smells.



Do you have a comic you would like to share? If so, please submit it to my email: victoria.crawford@stu.livingston.kyschools.us

Student Advice

How Do You Balance School and Work?

Balancing school and work are important for those who must do it. It's a lot of work and stress, but there are ways to do it. Many people don't feel as though it is possible to balance all these things, but if you take the time to slow things down you can do it. On the days that you work, it can be hard to do schoolwork, but if you get off early, you can do half of your homework before you shower and the other half when you get out.

Believe it or not, this works better than most people would think. Most days this is easy to do, but on the days that you may have more schoolwork to do when you get home it can be quite a bit harder to do. On the days that it's harder to do, you can do the rest of your schoolwork either before school or during tutoring or CCR. This all depends on what time that homework is due, but you can do it. It's important to keep up and care about how you are doing in school. If you go to a teacher and ask them to help you out, they will too so, there's no need to stress it. So, if you are having a hard time doing school and work, it would be a good idea to try out this method. Remember there are plenty of ways to get help and you can do it.

Are you a student in need of advice from one of our chief editors? Perhaps you have concerns about family, relationships, or school that only another student would understand. It can be simple things like, “How should I go about telling a person I like them?”, “How do I get my grades to be better this year than they were last year?”, “What is the best way to organize my homework schedule?”, or “How can I be a less-stressed student?” If you would be interested in getting advice from a fellow schoolmate, click the link below and submit your question. Our staff will try to help in the best way possible and respond to the coming issue of the Cardinal Newsletter!

***NOTE: Only student email accounts can submit responses. personal accounts will not be able to access the link. *** <https://forms.office.com/r/DscxcanJhd>

Weekly News

Lunch Menu

By: Calista Jennings

Edited By: Michelle Adams

Monday	Tuesday	Wednesday	Thursday	Friday
15 Spaghetti Salad Green Peas Breadstick Fruit Assorted Milk	16 Beef Nachos Salsa, Shredded Cheese Refried Beans Toppings Fruit Assorted Milk	17 Country Fried Steak Mashed Potatoes Green Beans Roll Fruit Assorted Milk	18 Cheesy Chicken Casserole Steamed Broccoli, Salad Breadstick Fruit Assorted Milk	19 Hot Ham and Cheese Sandwich Salad Fries Fruit Assorted Milk

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chinese Orange Chicken Tso Chicken Rice, Stir Fry Vegetables Egg Roll Fruit Assorted Milk	30 Hamburger/ Cheeseburger French Fries Baby Carrots Toppings Fruit Assorted Milk			

Breakfast Menu

By: Ashley Adams

Edited By: Michelle Adams

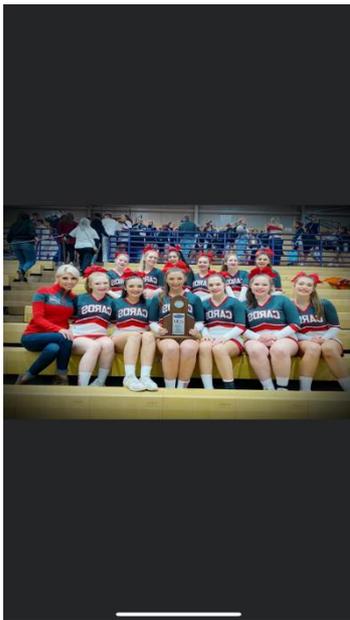
Monday	Tuesday	Wednesday	Thursday	Friday
15 Biscuits and Gravy Fruit	16 Donuts Fruit	17 Mini Bagels Fruit	18 Sausage biscuits Fruit	19 Banana Bread Fruit

Juice Variety Assorted Milk				
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Monday	Tuesday			
29 Cinnamon Roll Fruit Juice Variety Assorted Milk	30 Sausage Pancake bites Fruit Juice Variety Assorted Milk			

LCHS Cheerleaders go to State!

By: Calista Jennings
 Edited By: Michelle Adams



The LCHS cheerleaders competed in Regionals on November 6th. Taking home, a trophy for Runner-Up, they will be competing in the State competition held in Winchester, Kentucky on December 11th! Wish your Cheerleaders luck as they practice every day and work towards representing LCHS!

Club day Countdown!

By: Calista Jennings
 Edited By: Michelle Adams

3 days



Thanksgiving Break Countdown!

By: Ashley Adams
 Edited By: Michelle Adams

4 days

Veterans Day program

By: Ashley Adams

Edited By: Michelle Adams

Veterans Day was last Thursday, November 11th. Veterans day marks the end of World War 1, to honor all those who have served in the United States Armed Forces. In recognition of this day, Livingston Central Highschool hosted a veterans day program. We invited North Elementary, South Elementary, Livingston Middle School, community members, and local veterans. We had countless veterans and visitors in attendance. There were student council members assisting in seating all veterans and attendants of the program. Multiple student scholars read their poems and essays about what veterans mean to them. Shelby Sparks, a junior at LCHS, did an impeccable job at singing the national anthem. The LCHS and LCMS band also joined to perform a beautiful rendition of America the Beautiful. North and South elementary as well as the high school choir sung God Bless America. There were many veterans that were impressed by the service and were thankful for the gratitude that our district showed them. We loved seeing everyone together in the Livingston Central Gym once again! We appreciate everyone who came and showed their appreciation to all veterans. We cannot wait till next year's program!



Thankful Thursday

By: Ashley Adams
Edited By: Michelle Adams

Thanksgiving is coming up! The importance of thanksgiving is to show what we are thankful for. In recognition of this the LCHS Student Council held a Thankful Thursday all month of November. Every Thursday all month of November students had the opportunity to write notes for students and staff members they were thankful for. The thankful Thursday notes will be passed out to each student and staff member this Thursday!

Meet the Cards

Edited By: Michelle Adams

Saturday, November 13th LCHS hosted a Meet the Cards night! It started at 6:00. This is a big event where you get to meet all the little league, middle school, and high school basketball players and cheerleaders! It was a kickoff to start the season, and we loved seeing everyone there!

First Basketball Game Countdown!

By: Ashley Adams
Edited By: Michelle Adams

14 days ...

Until the Varsity Girls/ Boys Basketball game at Hickman County



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Happy Healthy Harvest!

By: Ashley Adams
Edited By: Michelle Adams

Last Friday, November 12th was a happy healthy harvest hosted by family first. LCHS yearbook and journalism took family photos for all families in attendance. There was a hayride as well as multiple other activities.

Senior yearbook ads!

By: Calista Jennings
Edited By: Michelle Adams

ATTENTION SENIORS! If you are interested in purchasing a yearbook ad, see one of the LCHS yearbook staff ASAP! Get a form which will include the prices and all the details you need!
Thank you!

Houses

By: Toni Michonski and Jenna Perez

Edited By: Brystin Dunning



House Luculent got second place in the canned food drive contest!! They got the 300 points for getting 239 cans of green beans, which is almost 150 over their initial goal, earning them an extra 100 points for having the most items.



House Valor has 10 mashed potato boxes so far, they're catching up!



House Inspire has not reached their goal yet. They have a total of 24 cans of corn, they're catching up!

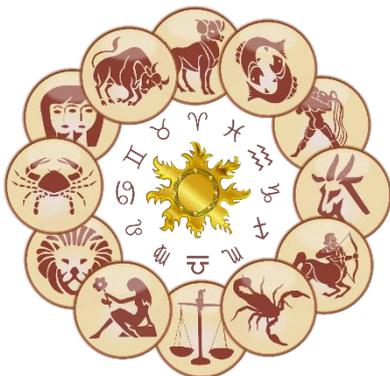


House Endurance got first place! They got the 500 points by getting 89 boxes of macaroni and cheese, which is almost 50 more boxes than their original goal!

Horoscopes

By: Lily Robertson

Edited By: Anna Winn



What the Horoscopes want in their Future:

- Aries: To lead others and live life to its fullest.
- Taurus: To have a secure, happy, and wealthy life and marriage.
- Gemini: To lead a life of variety that underscores their cutting-edge personality.
- Cancer: To feel safe emotionally, spiritually, romantically, and financially.
- Leo: To be momentous, respected and praised.
- Virgo: To love and be loved in return.
- Libra: To achieve balance and clarity in life.
- Scorpio: To overcome obstacles and create permanency.
- Sagittarius: To make a difference in the world.
- Capricorn: To be admired by their family, their friends, and by the world.

Aquarius: To be unique and original and be respected for it.

Entertainment

By: Anthony Whyte
Edited By: Brystin Dunning

Top 5 songs of this week

1. Easy on Me – Adele
2. Stay – The Kid LAROI & Justin Bieber
3. Industry Baby – Lil Nas X & Jack Harlow
4. Bad Habits – Ed Sheeran
5. Fancy Like – Walker Hayes

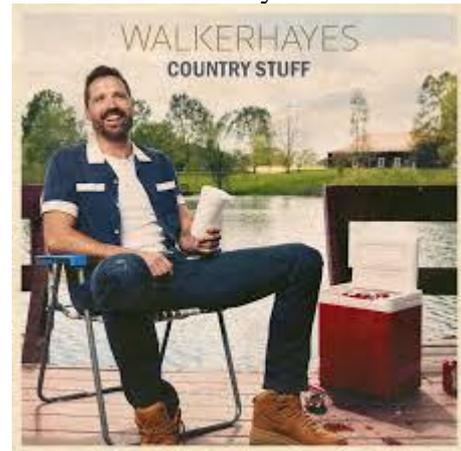
News & Announcements for Music

Over November 6th-7th singer, Travis Scott held Astroworld Festival. Although these types of concerts provide a space for fun and activity, Astroworld was full of unpredictable accidents. Within this festival, the crowd surged and trapped the other crowd like a domino effect which led to a struggle of breath. After the festival it has been confirmed that there were 8 deaths and even more injuries and hospitalizations.

With the winter season approaching fast, you may want to bundle up and watch festive movies to catch the Christmas spirit. Here is a guide for the best and classic movies to watch for your festive celebration.

1. Elf – Elf follows the story of an adopted “elf” named Buddy. Buddy was taken in by Santa Clause as a human and raised up as an elf. Buddy leaves The North Pole and decides to find his father in New York City. Along his journey Buddy finds his first love and heartbreak.
2. A Christmas Story – A Christmas Story follows a story about a boy, Ralphie, and his interest in a Red Ryder BB gun. His warnings from his mother did not stop his foolishness, which eventually leads into a loophole of stories.
3. National Lampoon’s Christmas Vacation – Clark Griswold and his family plan to have a perfect Christmas with no interruptions. The plan quickly changes when they are greeted with blockades towards his perfect Christmas...
4. The Polar Express – The Polar Express is a one route stop towards The North Pole. “Hero Boy” is boarded onto the polar express and goes through a series of events which eventually leads to The North Pole.
5. Home Alone – Home Alone follows Kevin McCallister as he is forgotten home alone on the family trip. Although having a house to himself doesn’t sound too bad, Kevin is greeted by house burglars. Kevin outsmarts and uses booby traps to prevent them from hurting him in any way.

Pisces: To live their dreams and turn fantasies into reality.



Top 5 movies of this week

1. Eternals
2. Dune: Part One
3. No Time to Die
4. Venom: Let There Be Carnage
5. Ron’s Gone Wrong

News & Announcements for Movies

